Sight Scotland Veterans

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Independent Living Worker

sightscotlandveterans.org.uk

Tackling vision loss together

About Sight Scotland Veterans

Sight Scotland Veterans

- We aim to support **all veterans in Scotland with sight loss,** regardless of when or how they became visually impaired.

- We aim to support veterans to be Connected, Independent and to Live Well.

  - Home visit assessment
  - Rehabilitation training
  - Adaptations, equipment and assistive technology
  - Financial grants
  - Social opportunities

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Sight Scotland Veterans

- **Veterans**

- **Army, Navy, RAF**
- **Reserves** (Territorial Army, Navy Reserves…)
- **National Service –** most gents over 78 yrs old
- **Merchant Navy** under military command

No matter when or how a veteran in Scotland develops a sight loss, or if that sight loss is potentially reversible, we are here to help.

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Sight impairment

Difficulty with

- reading the newspaper
- driving
- seeing faces
- missing steps or bumping into door edges

Diagnosis of MD, cataract, glaucoma…

Assessment and Action Planning

Sight Scotland Veterans

The Independent Living Team consists of 19 Independent Living Workers and 8 Rehabilitation officers. We cover every local authority in Scotland.

- Home Visits
- Person-centred, holistic assessments
- Low Vision Assessments
- Mobility and Orientation
- Referring and sign posting to other agencies

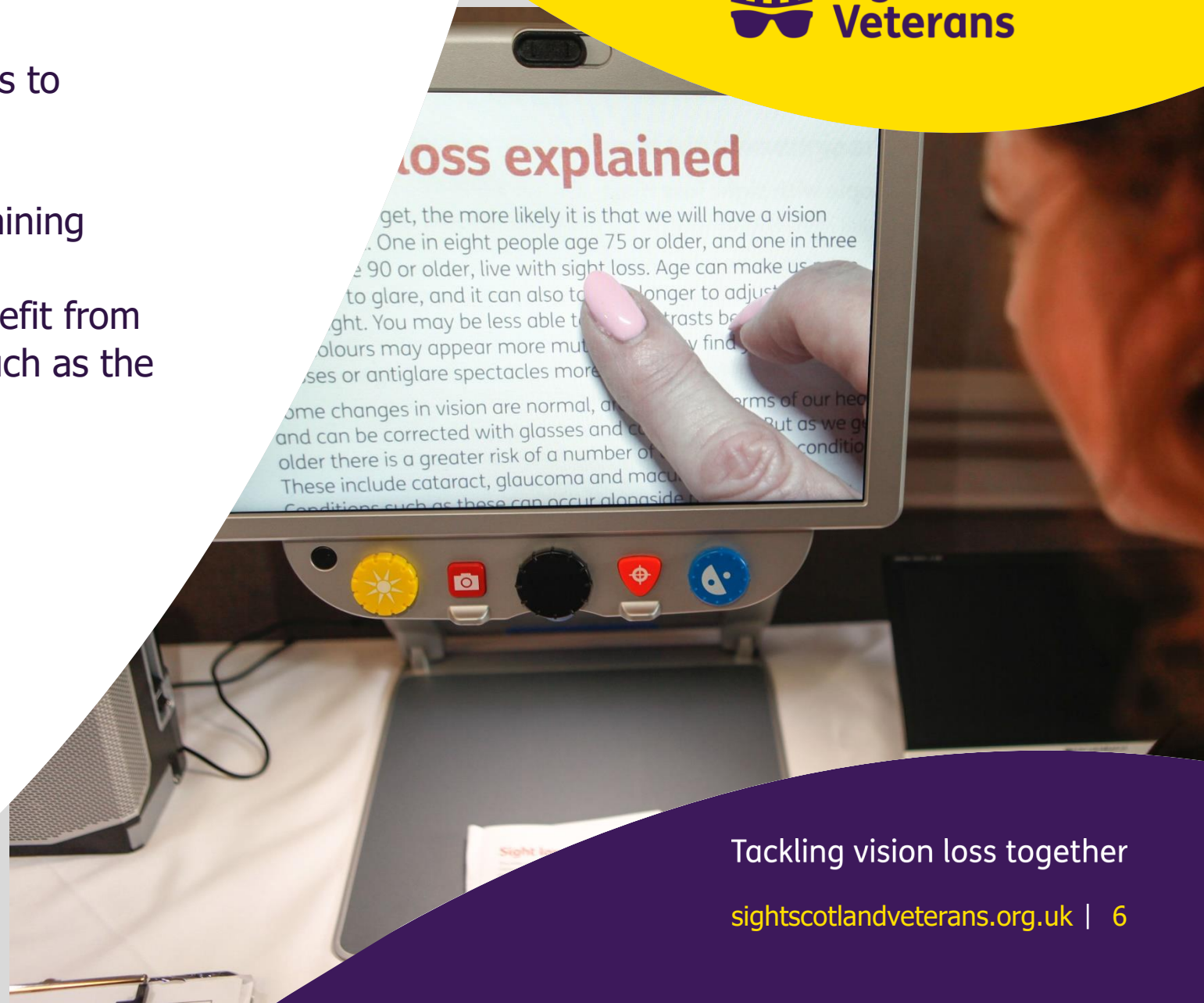


Equipment

The Independent Living Team helps veterans to become more independent after sight loss.

This may mean providing equipment and training

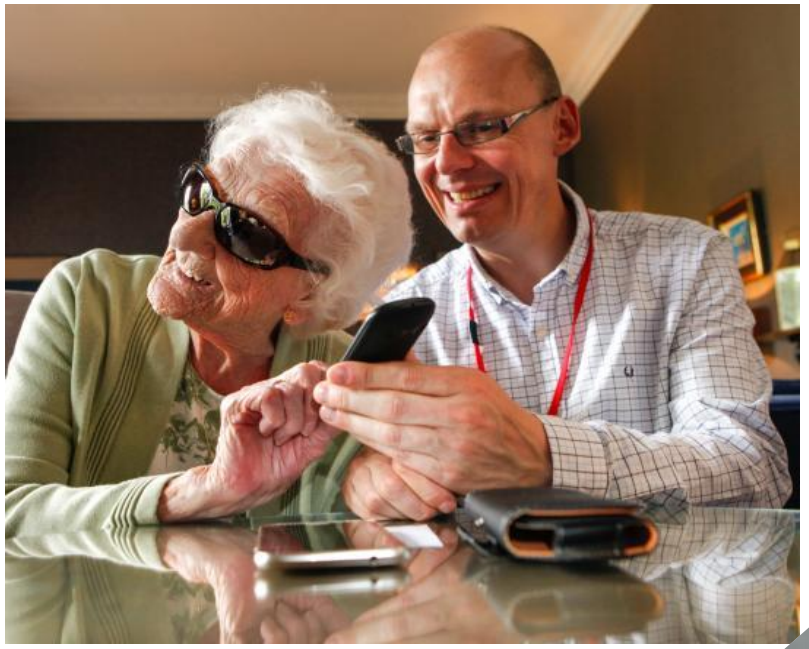
Commonly, people with sight conditions benefit from better lighting and magnification devices, such as the



Living Well

We help veterans achieve their **personal** goals.

Whether that's being able to phone friends and family, or enjoying an old hobby again, we are here to help.





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Agnes's Story

"I had long cane training from Katrina, one of the charity's rehabilitation officers, so that I'm not afraid to use my long cane.

I've been re-empowered to use equipment in the kitchen and to travel again through the charity's training and support."

- Agnes, Army veteran, neurological sight loss

Building Community Connections

Sight Scotland Veterans

- Sight loss can be isolating
- We help veterans build new connections in their local communities
- We can also train local service providers in how to make their services more accessible and safe for people with sight conditions.
- We offer group telephone chat groups
- We help to integrate veterans into mainstream sports and activities opportunities in veterans' local communities.



Activity Centres (Paisley and West Lothian)

Come for a tour!

- Wood-working
- Art therapy
- Kitchen and daily living skills
- Computing and digital skills
- Fitness and leisure suite
- Archery
- Shooting
- Camaraderie



Making New Connections

We support veterans to come together to make new friendships and connections. Families, friends and carers are also welcome.





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Help us to help more of the thousands who are not currently receiving our life-changing support.

We need professionals like you to refer patients and clients to us

1. Phone **0800 035 6409**
2. Email **hello@sightscotlandveterans.org.uk**
3. Complete a referral Form on our website:
   https://sightscotland.org.uk/veterans/refer-to-us

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