Racialised health inequalities in health and social care

Melanie Weldon
Racialised Health Inequalities & Health Equity Team,
Population Health Strategy and Improvement Division

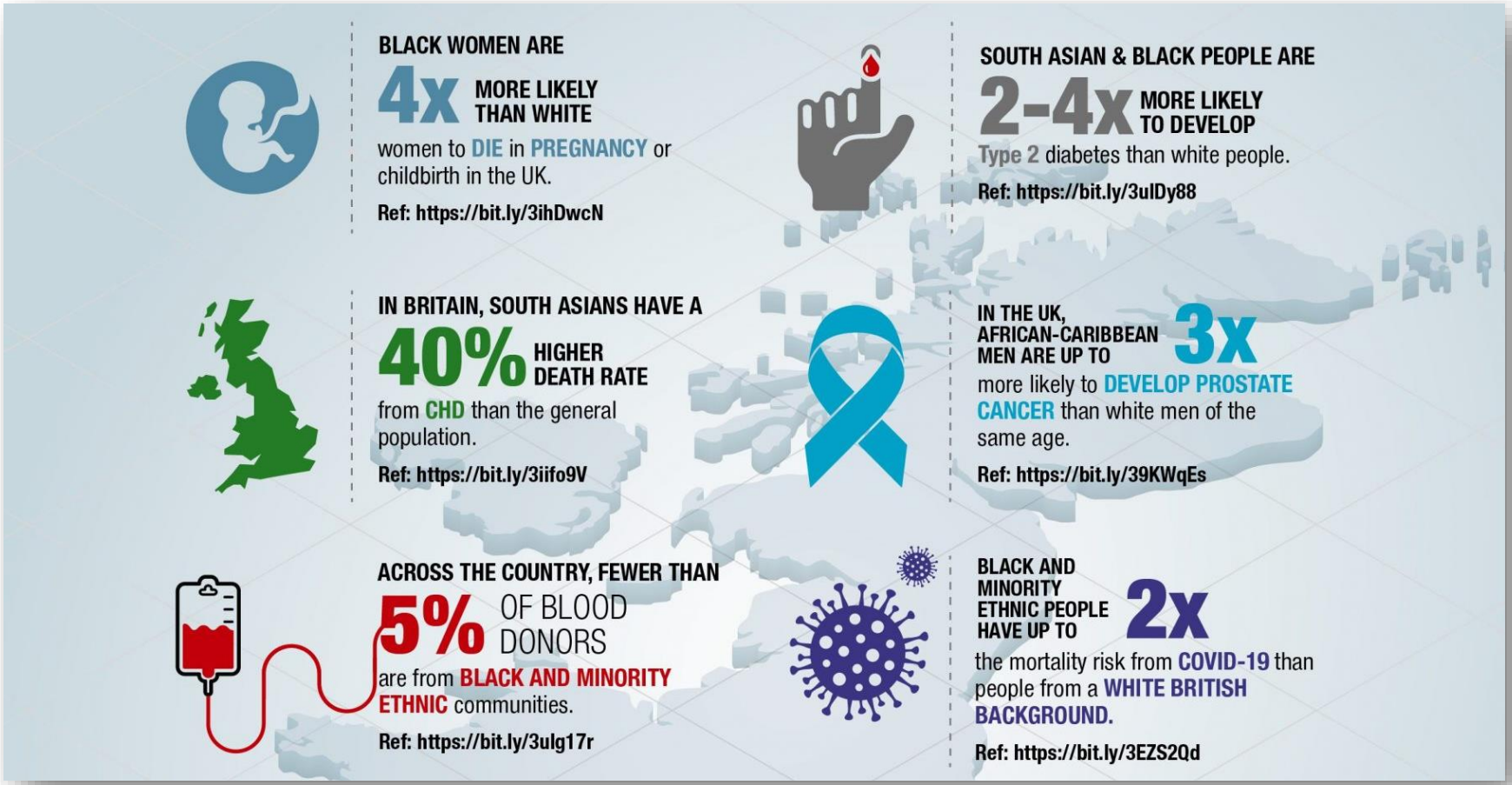


Content

- Racialised health inequalities in the UK
- Policy framing
- Embedding anti-racism and addressing racialised health inequalities in health & care
- Summary
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Racialised health inequalities in the UK

Source: NHS Race & Health Observatory



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Policy framing

- Race Equality Framework 2016-2030
- Expert Reference Group on Covid-19 & Ethnicity
- First Minister's Policy Prospectus 'Equality, Opportunity, Community'
  - tackle inequality, reduce poverty, prevent ill health, and reduce health inequalities.
  - develop sustainable health and social care systems where people get the right care, at the right time, in the right place.
  - Commitment to anti-racism → establish the first Anti-Racism Observatory for Scotland.

Race Equality Framework (REF) for Scotland 2016-2030

Vision for 2030: “Minority ethnic communities in Scotland have equality in physical and mental health as far as is achievable, have effective healthcare appropriate to their needs and... .”

Goal 27 Minority ethnic communities […] experience improved access to health and social care services at local and national level to support their needs.

Goal 28 Scotland’s H&SC workers are better able to tackle racism, promote equality and community cohesion in delivery services.

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Race Equality Immediate Priorities Plan (2021)
Ministerial foreword

- *…in order to truly take down the structural and institutional inequalities […] we need to have an actively anti-racist approach in everything we do. Anti-racism […] must be firmly embedded in organisational culture and practice ….*
- *We recognise the need for deep and lasting change – Scotland does not and cannot claim to be free from racism.*

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Embedding anti-racism and addressing racialised health inequalities in health & social care

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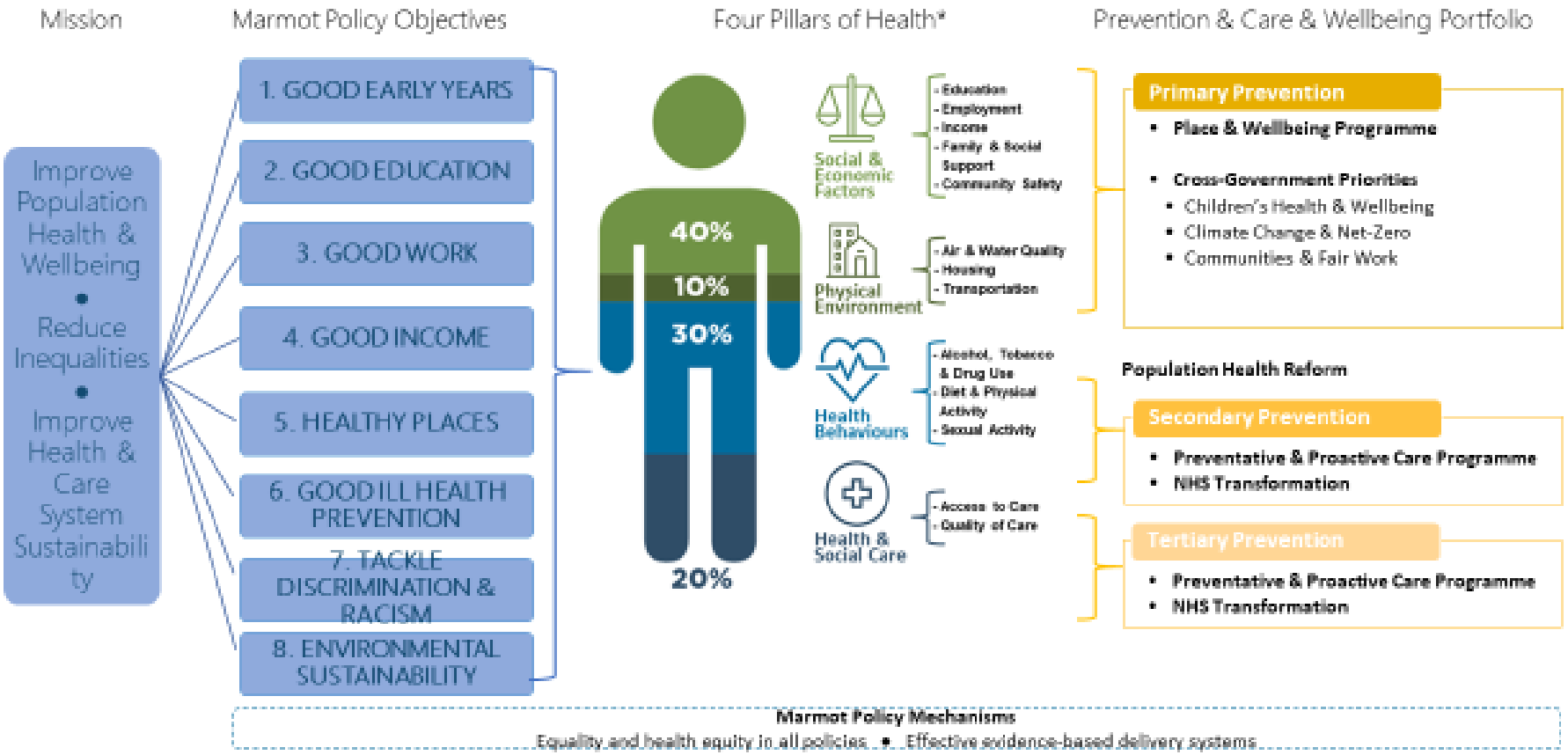
Care & Wellbeing Portfolio

- CWP aims to bring coherence to and accelerate progress on efforts to improve population health, reduce health inequalities, and create a more sustainable health and care system.
- Underpinning framework is the Marmot model of factors – “policy objectives” - that create health and reduce inequalities.

… CWP continued

- Include good early years; good education; good work; good income; healthy places; **tackling discrimination and racism;** good ill health prevention
- Essentially 4 ‘pillars’ of what know creates health and reduces health inequalities:
  - social and economic factors;
  - population health behaviours;
  - health and care system interventions;
  - the physical environment

Care & Wellbeing Policy Framework



* Adapted from Bookse et al., 2010 and King's Fund – A Vision for Population Health - Used for illustrative purposes.

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Tackling racialised health inequalities in health & social care

- Maximising the healthcare contribution
- Starting point - ERG recommendations on systemic issues and data …
- … going beyond these where evidence indicates need for improvement
- Multi-faceted, multi-level approach
- Systematic focus on racism: how it operates and action to dismantle it

Ethnicity data

Aim: Normalise ethical and inclusive data capture and use across health & social care.

- Build on progress to date – see PHS report
- Monitoring racialised health inequalities in Scotland 30 May 2023 - Monitoring racialised health inequalities in Scotland - Publications - Public Health Scotland
- Working with structural racism and other expertise on priority actions and strategy for building trust with communities

Summary

- Racism is a fundamental determinant of health
- Whole systems commitment and action needed
- Assure anti-racism approach in everything
- Work with communities to build trust
- Brigade and draw on the evidence of what works in tackling structural evidence
- Learn from Covid-19 e.g. vaccinations
- Learn and collaborate with others

Useful links

- SG/PHS Community of Practice – to build capability on anti-racism and structural approaches, share good practice (For info email healthequity@gov.scot)
- Prof Kevin Fenton lecture 12 June 2023: A public health approach to incorporating anti-racism and discrimination in tacking racial and ethnic health disparities (see presentation on the GCPH website here)

Thank you

Melanie.Weldon@gov.scot

HealthEquity@gov.scot

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