HIDDEN SENTENCES

families outside

supporting families affected by imprisonment



FAMILIES AFFECTED BY IMPRISONMENT: AN INVISIBLE GROUP

On any given day, about 7,500 people are in prison in Scotland. This means that about 7,500 families – mothers, fathers, partners, brothers, sisters, grandparents, children – are affected by imprisonment each day.

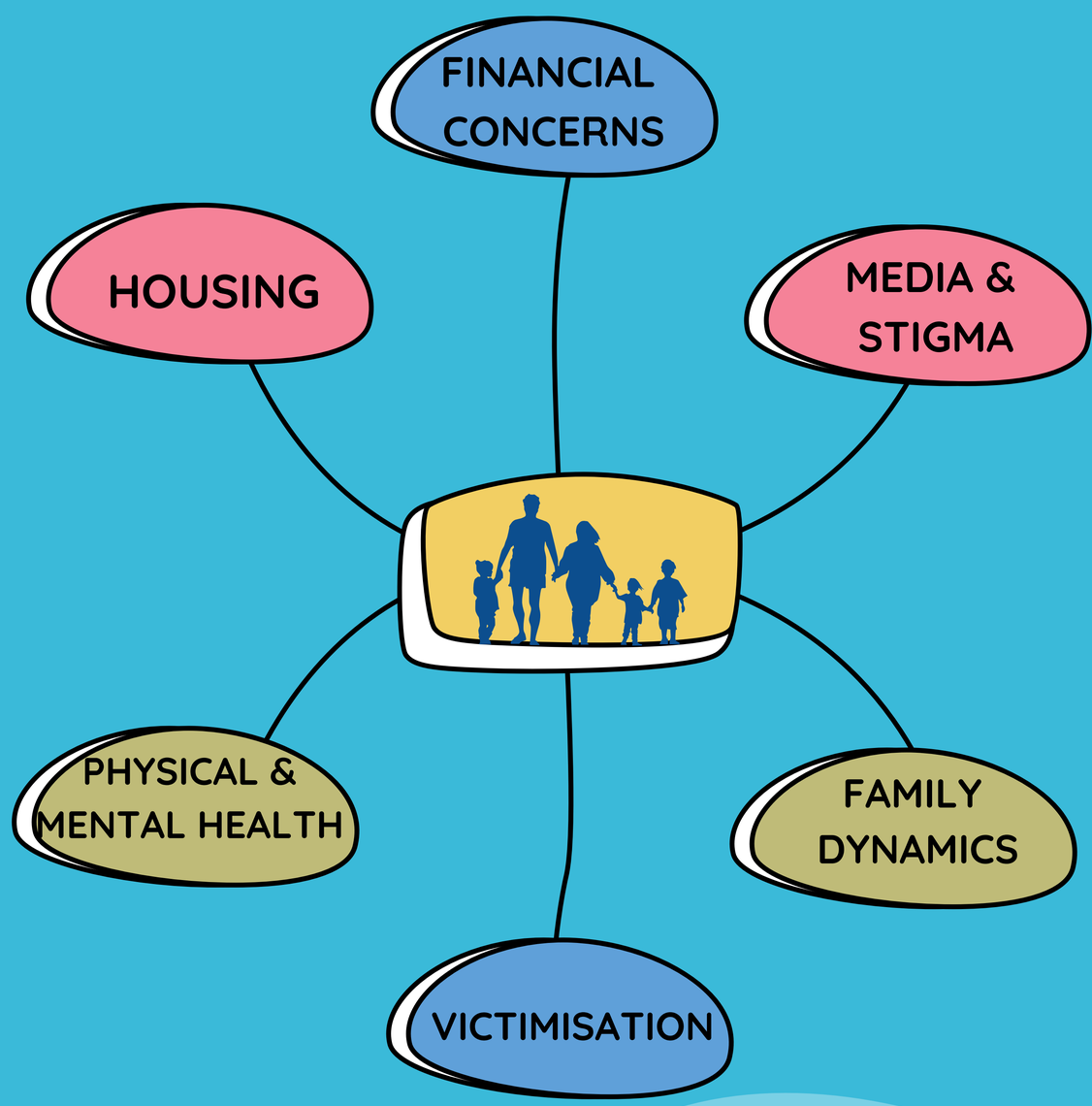
An estimated 20-27,000 children are affected by parental imprisonment each year.

This number could be far higher, as there is no systematic process in place to identify children and families affected by imprisonment at any stage of the criminal justice process.

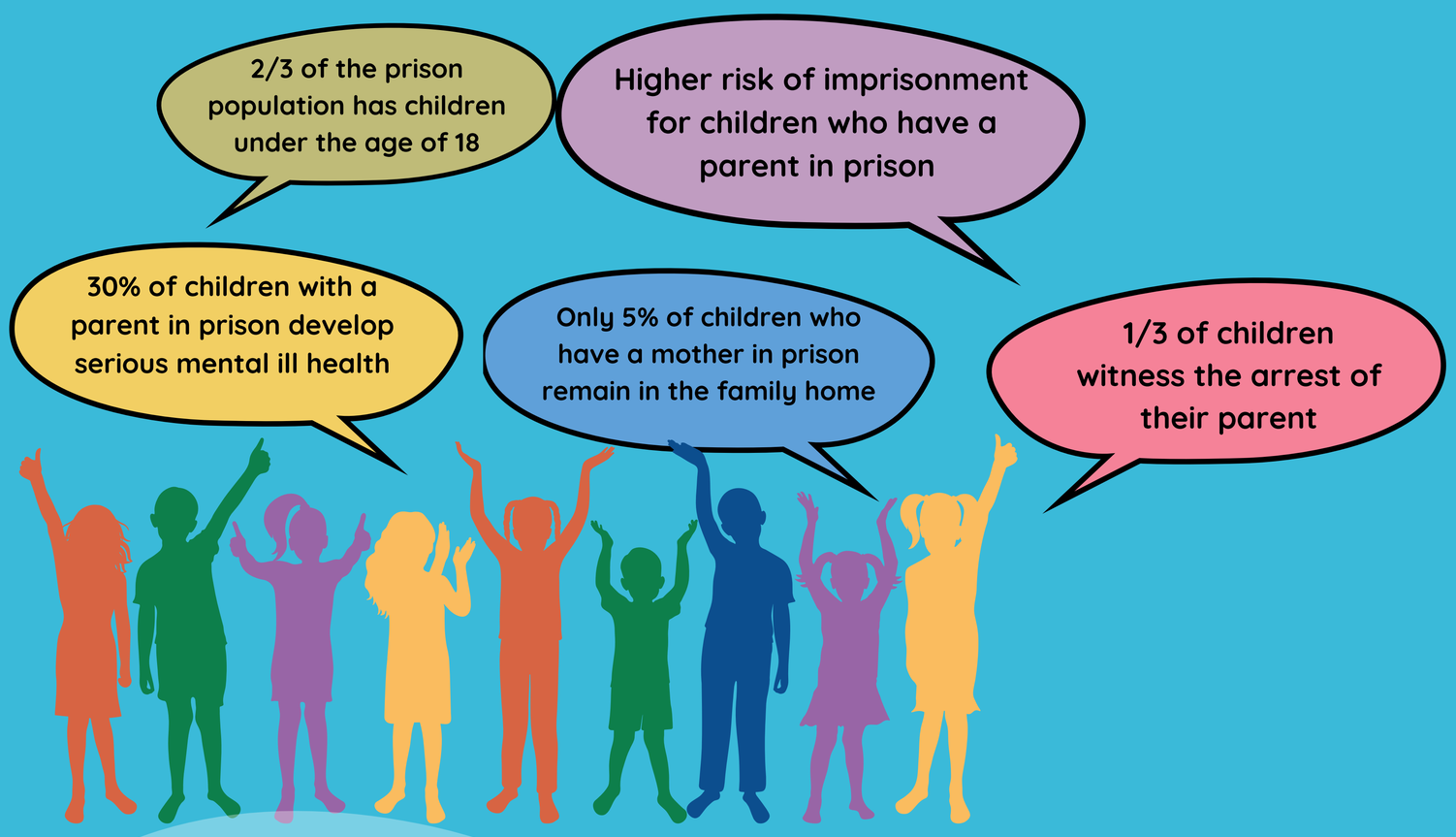
Stigma, shame, and isolation can prevent self-disclosure meaning this vulnerable group remains invisible with their support needs unmet.

IMPACT OF IMPRISONMENT ON FAMILIES

Imprisonment can have significant direct and indirect impacts on the health and wellbeing of families.



CHILDREN AND YOUNG PEOPLE



ADVERSE CHILDHOOD EXPERIENCES

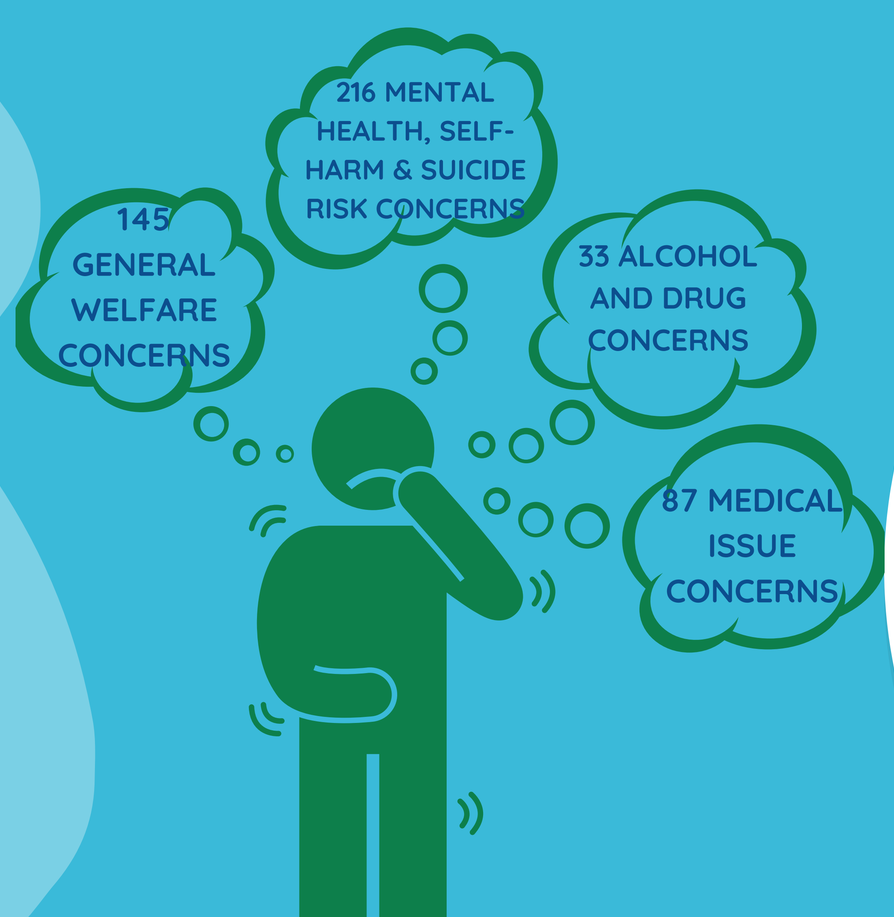
Imprisonment of a household member is one of the ten ACEs proven to increase long-term risk to health and wellbeing.

This particular Adversity is associated with a fivefold increase in exposure to other ACEs.

CONCERNS FOR FAMILY MEMBERS IN PRISON

Families experience significant worry and concern for their family member in prison.

Over the last year, 481 concerns about the health and wellbeing of the person in prison were raised with Families Outside.



FAMILIES OUTSIDE SERVICES

- National organisation
- Helpline: 0800 254 0088
- Regional Family Support
- Information & Resources
- Training & Resources
- Development of Policy & Practice